

Incomings edition



by IROUNMO

IN THIS ISSUE

STATEHOOD DAY OF BOSNIA AND HERZEGOVINA

AMEL JAZVIN'S ERASMUS+
JOURNEY

STAFF WEEK AND WESTERN BALKANS PROMOTION FAIR

ALMA HRNJIĆ: BALANCING UNIVERSITY LIFE AND A PASSION FOR ATHLETICS

CELEBRATING ACHIEVEMENTS
AT THE FACULTY OF
MECHANICAL ENGINEERING

SNIMANJE I PREMIJERA PRVOG SUNRISE PODCASTA Bosnia and Herzegovina celebrates Statehood Day on November 25 to commemorate the historic decision made by the State Anti-Fascist Council for the National Liberation of Bosnia and Herzegovina (ZAVNOBiH) in 1943. This date symbolizes the restoration of statehood, the affirmation of equality among all peoples and citizens, and the commitment to unity and anti-fascist values.

Statehood Day serves as a poignant reminder of the continuity of Bosnian-Herzegovinian statehood, highlighting the crucial role that citizens, especially young people, play in preserving democratic principles, multiculturalism, and the future development of society.

AMEL JAZVIN'S ERASMUS+ JOURNEY

By IROUNMO

Amel Jazvin, a PhD student in Kinesiology and a research assistant at the Department of Sports and Health at the Dzemal Bijedic University of Mostar, completed his Erasmus+ PhD student mobility at Saarland University through the International PhD Programme Science and Health in Football. The Institute of Sports and Preventive Medicine hosted, supervised, and co-organised the programme with the FIFA Medical Centre of Excellence and the German Football Association (DFB).

According to Amel his mobility was a valuable experience that strengthened his academic skills and expanded his professional growth. During the programme, he gained practical skills in athlete diagnostics, advanced techniques in applied statistics, and hands-on experience with research methodologies in sports science. He also completed several research projects utilising resources from the DFB and FIFA Medical Centre of Excellence. Access to advanced research facilities further enriched his work.

He emphasises that the international environment played a central role in his experience. He connected with fellow PhD students from Germany, Italy, Greece, Iran, Serbia, South Africa, South Korea, and China. He highlights the diversity of people, cultures, and perspectives at Saarland University in the city of Saarbrücken, noting how it enriches both academic collaboration and personal development.



STAFF WEEK AND WESTERN BALKANS PROMOTION FAIR

By IROUNMO

The UNIADRION Italy Staff Week and Western Balkans Promotion Fair took place from November 24 to 28, 2025, in Ancona and Teramo, bringing together university representatives from the Western Balkans and Italy. Students and staff from Dzemal Bijedic University of Mostar represented the university, participating in all activities and program sessions.

During the five-day event, participants showcased the university's academic offerings, joined focus sessions, exchanged experiences with colleagues from Italy and the region, and promoted mobility and cooperation. By engaging in promotional booths, discussions, and workshops, the university delegation contributed to increasing the institution's international visibility and strengthening partnerships.

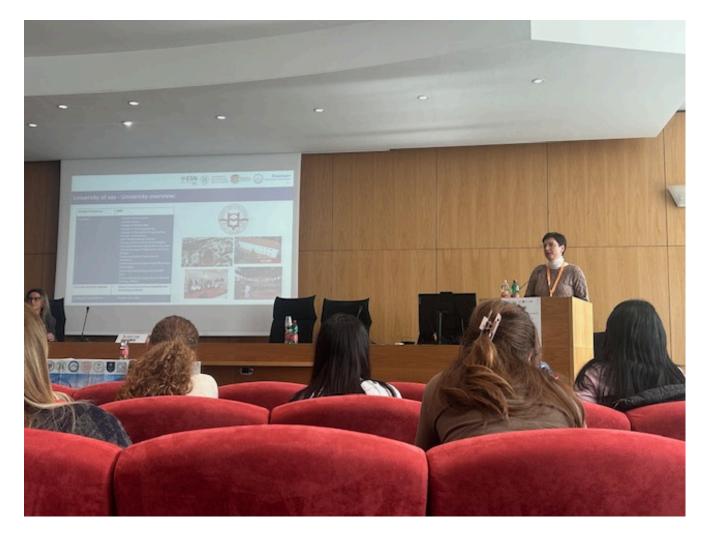
The fair program included university presentations, working meetings, ESN workshops, and activities dedicated to planning future editions of the event. Through collaborative work and contacts with Italian students and institutions, participants further enhanced cooperation and created opportunities for new mobilities under the Erasmus+ KA171 program.

Dzemal Bijedic University of Mostar's participation in this event represents an important step toward strengthening international cooperation and creating new opportunities for students and staff.









ALMA HRNJIĆ: BALANCING UNIVERSITY LIFE AND A PASSION FOR ATHLETICS

By IROUNMO

Alma Hrnjic began her athletic journey in 2015, at the age of 18, encouraged by her coach, Sead Kondo. Before formally entering athletics, she only competed in school races, where her talent first caught the coach's attention. Her training became more serious when a new track opened at the Safet Zajko Center in Nedžarići, closer to her home, allowing her to fully commit to the sport. The first years were challenging, but she gradually adapted to the training load and developed a true passion for running.

Over the years, Alma has represented Bosnia and Herzegovina in numerous international competitions. She made her first major international appearance at the 2017 European Cross Country Championships in Slovakia and later competed in the European Team Championships in Malta, Cyprus, North Macedonia, and Poland. A career highlight came in 2021, when she won the bronze medal in the 3000 m at the Balkan Championships. That same year, she received recognition as the Best Female Athlete in Bosnia and Herzegovina, the Best Sportswoman of Hadžići Municipality, and the Best Female Athlete of Canton Sarajevo.

Alma combines her athletic career with her studies at the Department of Sport and Health, which has helped her plan training cycles, improve recovery, and optimize performance. She emphasises that sports build discipline, resilience, and confidence, while also fostering social connections, teamwork, and personal growth.



CELEBRATING ACHIEVEMENTS AT THE FACULTY OF MECHANICAL ENGINEERING

By IROUNMO

On 19 November 2025, the Faculty of Mechanical Engineering held a ceremonial session of its Scientific-Teaching Council to celebrate 66 years of successful work and existence. The ceremony provided an opportunity to highlight the Faculty's achievements and progress.

During the session, the Dean awarded prizes to students who achieved the best academic results over the past year and contributed to the Faculty's reputation through their work.

The awarded students are Kenan Colakhodzic, Emir Zecic, Asija Fako, Hana Isic, Elma Macic, Muhamed Heric, Selma Catovic, and Amna Sose.



ERASMUS+ STORIES: PODCAST PREMIERE

By IROUNMO

Production of the first edition of the new podcast series within the Sunrise Alliance initiative began on Thursday, 20 November 2025.

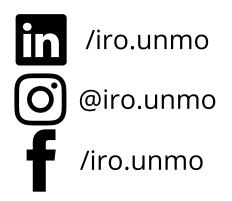
In the episode titled "Erasmus+ Student Mobility: Incoming and Outgoing Student Experiences," students share stories about their Erasmus+ journeys—from taking the first step in the application process to gaining new experiences. Assistant Vildana Delibasic hosts the episode.

This edition features the experience of Seymanur Ciftci, a student from Ataturk University in Türkiye who is currently completing her mobility period at Dzemal Bijedic University of Mostar. Seymanur described her impressions of studying in Mostar, adjusting to a new environment, and receiving support through the Erasmus+ programme. She shared her story alongside Elhana Husovic, a student of the Faculty of Law, who provided the perspective of an outgoing student.

The first episode of the podcast will soon be available on the YouTube channels of the Sunrise Alliance, the Dzemal Bijedic University of Mostar and the YouTube channel of International Relations Office, as well as on the official websites and social media platforms.



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