



# IROMAG

*Incomings edition*



by IROUNMO

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As part of an organized visit on May 7, 2026, students from the Secondary Technical School Tesanj (School of Economics) visited Dzemal Bijedic University of Mostar to learn more about the University's work and academic opportunities. The visit began in the amphitheater of the Faculty of Humanities, where University representatives introduced the organization of the faculties and university studies through presentations. They also presented the study programs that students can choose after completing their secondary education. After the introductory session, the hosts organized a gathering with breakfast and refreshments for the guests. The visit continued with a tour of the university campus, during which the students explored faculty buildings, classrooms, libraries, and other University facilities. University representatives also provided information on study conditions, course organization, and the resources available to students throughout their studies.

# HIKING TRIP: BIJELE VODE

By IROUNMO

On Saturday, May 9, 2026, the Department of Kinesiology organized a hiking trip to Bijele Vode on Prenj Mountain (1,450 m above sea level), which gathered more than 40 participants. The organizers planned the hiking trip to promote outdoor activities, physical exercise, and healthy lifestyles, while students enjoyed the natural beauty of Prenj Mountain and its pleasant mountain environment. The staff members of the Department of Kinesiology, Prof. dr. Rijad Novakovic, Senior Teaching Assistant Amel Jazvin, and Senior Teaching Assistant Vedran Ugljen, accompanied the participants throughout the activity.



# SPORTWELL ADRIA

By IROUNMO

From May 15 to May 19, 2026, the Department of Kinesiology at Dzemal Bijedic University of Mostar hosted 30 students from several Italian universities. The visit was part of the Erasmus+ Blended Intensive Programme (BIP) SportWell Adria. This was implemented in cooperation with the UNIADRION Italy Network. Participants took part in interactive workshops, lectures, and sports activities. They explored the importance of sport and healthy lifestyle habits. The focus was on physical and mental well-being, proper nutrition, recovery, and the benefits of an active lifestyle. The programme created opportunities for students and academic staff to exchange experiences, engage in intercultural learning, and build professional and personal connections through collaborative activities and teamwork. By bringing together participants from different academic and cultural backgrounds, the SportWell Adria programme strengthened international cooperation and promoted the role of sport as a tool for education, well-being, and social inclusion.



# INTERNATIONAL STAFF WEEK 2026

By IROUNMO

From May 18 to 22, 2026, the University hosted representatives from partner universities within the Erasmus+ KA171 programme as part of the International Staff Week. Through a series of educational, cultural, and interactive workshops, the University introduced participants to the history and culture of Mostar and Bosnia and Herzegovina. The programme began on Monday with participant registration and a tour of the university campus. First-year Tourism Studies students, Emana Tabakovic and Armin Vuk, introduced the University and its facilities to the participants. The Faculty of Education then hosted a Bosnian language course, a video presentation about the International Relations Office created by students of the Faculty of Economics, and a presentation of the UniAdriatic Italy network. On the second day of the International Cooperation Week, the University welcomed representatives of the University of Sarajevo. The AgroMediterranean Faculty hosted the promotion of the book 'Interculturally Yours' by Emre Seven. During the promotion, participants planted a tree as part of 'The Intercultural Forest Project'. Emre Seven then led a workshop dedicated to interculturality. After the official programme, Tourism Studies students guided participants on an organized city tour of Mostar. The third day focused on local culture and physical activity. Participants learned how to prepare the traditional Herzegovinian dish kureljaca. After the culinary programme, Senior Teaching Assistant Amel Jazvin, Vice-Rector for International Cooperation Prof. Dr. Rijad Novakovic, and students of the Department of Kinesiology organized and led mini Olympic games on the university sports fields. Participants concluded the day with a social gathering and a tasting of the prepared dishes. On Thursday, participants of the International Staff Week attended activities that the University of Sarajevo organized as part of its International Staff Week. On the final day of the programme, Prof. Dr. Adis Zilic delivered a lecture on stećci and led participants into a workshop on creating stećak-inspired souvenirs. Students of the University Study Programme in Interior Design, under the supervision of Professor Lejla Isic Dizdarevic, helped participants create the souvenirs. The University concluded this year's International Staff Week by awarding certificates to participants and organizing karaoke activities during which the most successful participants won prizes.





# ERASMUS+ EXPERIENCE: AZRA KOZO

By IROUNMO

In the period from April to May 2026, I had the opportunity to participate in the Erasmus+ Blended Intensive Program (BIP) “Promoting sustainable development through music education and multilingual and intercultural education in initial teacher training”, an innovative mobility model that combines virtual learning with physical exchange. The program brought together students from various universities across Poland, Croatia, Spain, and Bosnia and Herzegovina, focusing on the key aspects of sustainable development, education, and intercultural mediation. The uniqueness of this program lies in its hybrid approach, organized into two main phases:

1. Through digital platforms, we participated in a series of lectures and workshops dedicated to developing intercultural competencies and theoretical preparation for sustainable development projects.
2. The second phase involved a stay in Spain, hosted by the University of Valladolid. During the visit, the focus was on intensive teamwork, case study analysis, and the exchange of best practices in the field of sustainable education.

This program gave me the chance to develop skills that I know will be huge for my future career. I learned how to tackle complex issues from a few different angles, mixing practical experience with what I’ve learned in my studies. It was also a great lesson in communication—I became much more comfortable navigating language barriers in a multilingual setting. Plus, collaborating with international teams really pushed me to be more adaptable when it comes to solving problems with others. During our visit to Spain, we had the chance to try their traditional food and drinks. As an excellent host, the University of Valladolid organized one-day trip to the "La Vegailla" vineyard and winery, located in the heart of Ribera del Duero—one of the most prominent wine regions in the world. We attended a presentation about the region’s heritage and production methods, and the owners warmly welcomed us, concluding the visit with gifts of their local products. I would highlight the people I met as the most valuable part of this exchange. In a very short period, we became very close, and we are already planning to meet again soon. This is a perfect opportunity for young people to experience new cultures and different educational methods, and also to realize what changes they can implement in their local communities to build a better and more sustainable future together. The BIP program taught us that diversity is not a barrier, but a strength. I realized that it doesn't matter where you come from, but rather who you meet along the way. We might forget the lessons from the classroom, but the people and places that became special to us in just a few weeks—never. Knowledge builds us, but memories enrich us.



# VIA FERRATA EXPERIENCE

By IROUNMO

As part of the practical component of the Mountaineering and Alpinism course, second-year students from the Department of Kinesiology at the Dzemal Bijedic University of Mostar visited the Via Ferrata on Fortica on May 25, 2026. With the support of Senior Teaching Assistant Vedran Ugljen, the students completed the adrenaline-filled route and gained valuable practical knowledge and experience in the fields of mountaineering and alpinism. The suspension bridge, which marks the final section of the via ferrata, provided participants with a memorable experience and offered panoramic views of Mostar and its surrounding landscape. Through this type of practical instruction, students apply theoretical knowledge in real-life conditions and develop the skills necessary for safe movement and outdoor activities in natural environments.



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